



LAW OFFICE OF KENNETH E. BERGER, LLC

JUNE 2015 NEWSLETTER

SAFETY FIRST JUSTICE ALWAYS



FEATURES:

2

3 Days in Texas With Some of the World's Best Doctors and Lawyers
Rexy's Recipes: Pretzel Pigs in a Blanket
The Best Among Us: Harrison & Radeker, P.A.

Firm Snapshot: Relay for Life of Greater Columbia

Three Tips to Avoid Swimming Pool Accidents in South Carolina

3

4

Attorney Review by Lir Derieg, Columbia Criminal Defense Lawyer

“Don’t Just Do Something, Sit There”

BY KENNETH BERGER

My sister’s husband said those words to me when I was 21. I thought he got the phrase backwards, but it turns out he knew exactly what he was saying. Our world is one in which information comes at hyper-speed, and with it demands on our time and energy. We receive 1000s of marketing messages each day on top of text messages, emails, phone calls, and social media requests – not to mention actual human interaction. For years people wore “multi-tasking” as a badge of honor. The problem is: activity and productivity are not synonymous. In fact, they are often at odds.

A while back, a study was done in which people with no real outdoor or hiking experience were placed in the woods and told to navigate their way

out. They had no compass. The majority of them literally walked in circles for several hours before the researchers intervened.

Whether it is an endless series of diversions and distractions, or the absence of a compass (i.e. a goal and a plan) that is preventing you from achieving your highest aims, I encourage you not just to do something but sit there.

Abraham Lincoln said, “Give me 6 hours to chop down a tree and I will spend the first 4 sharpening the axe.” So give yourself time to sharpen the axe, establish goals, develop plans, and then attack life with the same focus and determination it took Lincoln to chop down that tree.

DISCLAIMER: ANY RESULT I MAY ACHIEVE ON BEHALF OF ONE CLIENT IN ONE MATTER DOES NOT NECESSARILY INDICATE SIMILAR RESULTS CAN BE OBTAINED FOR OTHER CLIENTS. IN ADDITION, SOME OF THESE RESULTS WERE OBTAINED IN CONNECTION WITH OTHER FIRMS. I AM A SOUTH CAROLINA INJURY LAWYER, NOT A MIRACLE WORKER. I EVALUATE EVERY CASE ON ITS OWN MERITS AND ONLY ACCEPT A LIMITED NUMBER OF NEW CASES EVERY YEAR.

1

3 Days in Texas With Some of the World's Best Doctors and Lawyers

BY KENNETH BERGER

I had the privilege of attending the North American Brain Injury Society's Annual Legal Conference in San Antonio last month. While it might not sound like the world's most entertaining bunch of cowboys and cowgirls, you have my word that you would be hard-pressed to find a group more dedicated to the wellbeing of brain injury survivors.

The conference kicked off with presentations from some of the country's leading neurologists, including a specialist in pediatric brain injury. In the afternoon we heard from psychologists who focus on the behavioral and emotional changes people with TBI confront. And while I learn plenty from the talks, I always seem to learn just as much on the breaks. One of the best things about these conferences is the one-on-one time you get to spend with exceptional people, learning by example and through story.

The second day of the seminar was led by experts ranging in fields from biomechanics to life care planning to neuroradiology. I realize that on the surface it might sound boring, but again, take my word – it was fascinating. The highlight of the day, however, may have been breaking bread with a doctor who has helped revolutionize the way TBI is diagnosed and treated.

Day three was every bit as great, but I'm running out of room, and will simply end by saying that if you ever find yourself in San Antonio, the Riverwalk is an even better place when you're surrounded by people you respect and admire.

Post photo to social media and tag us with **#RexysRecipes** to receive KB Tshirt and koozie.

REXY'S RECIPES: PRETZEL PIGS IN A BLANKET

via Plain Chicken

Ingredients:

- 1 (14OZ) PACKAGE LITTLE SMOKIES
- 2 CANS REFRIGERATED CRESCENT ROLLS
- 1/3 CUP DIJON MUSTARD
- 2/3 CUP BAKING SODA
- 1 EGG
- COARSE SEA SALT

Directions:

1. PREHEAT OVEN TO 375 DEGREES.
2. IN A LARGE POT, COMBINE 10 CUPS WATER AND BAKING SODA. BRING TO A BOIL.
3. UNROLL BOTH CANS OF THE DOUGH AND SEPARATE INTO 16 TRIANGLES.
4. SPREAD A HEAPING TEASPOON OF DIJON MUSTARD ON EACH TRIANGLE.
5. CUT EACH TRIANGLE LENGTHWISE INTO 3 NARROW TRIANGLES.
6. PLACE SAUSAGE ON WIDE SIDE OF EACH TRIANGLE. ROLL UP.
7. USING TONGS OR A STRAINER, DIP EACH WRAPPED SAUSAGE INTO BOILING WATER FOR 5-7 SECONDS.
8. PLACE DIPPED SAUSAGES ON PARCHMENT LINED BAKING SHEET.
9. WHISK TOGETHER EGG AND 1 TBSP WATER. BRUSH ON DIPPED SAUSAGES. SPRINKLE TOPS WITH COARSE SEA SALT.
10. BAKE FOR 15-18 MINUTES.



Prep Time:

20 MINS

Cook Time:

18 MINS

Serving:

48 PIGS

THE BEST AMONG US: HARRISON & RADEKER, P.A.

“Three attorneys, spanning three generations, with more than 50 years of combined experience, work hard to make sure all are accountable for their actions.”

We admire that Harrison & Radeker, P.A. is a business built upon prevailing truths and serving justice in South Carolina. Its hardworking team is devoted to helping people with a wide range of issues, primarily real estate and consumer law, in both prosecuting and defending matters.

Harrison & Radeker, P.A. is located in Columbia and preparing to launch a new website. For more information, call (803) 779-2211 today.

FIRM SNAPSHOT

RELAY FOR LIFE OF GREATER COLUMBIA

On May 16, our firm was one of 19 teams to gather around the Richland One track to relay for 12 consecutive hours in support of the American Cancer Society. From noon to midnight, we hosted corn hole matches and sold “walking tacos” at our station to raise money for a cure to cancer. At Relay for Life, we met outstanding groups of people also invested in bettering our community and spent the day sharing stories of loved ones affected by cancer and remembering those that had passed.

Thank you to everyone who donated to our fundraising site, and especially to those who joined us for the fight on Saturday. In total, we raised \$868 for the cause and received the Shining Star Award for team spirit, perseverance, and friendliness.



Three Tips to Avoid Swimming Pool Accidents in South Carolina

BY KENNETH BERGER

Growing up, I was told not to swim after eating, run around the pool, or dive into shallow water. I had great parents, but times were different, and those seemed like three of the only rules a kid really had to know. Now that I handle swimming pool accident cases, I realize that children (and parents) need to know there is a lot more we can all do to keep swimmers safe. I have seen the consequences swimming pool negligence can cause. The following tips – adapted from a U.S. Safety Commission – are designed to inform and remind parents of the safety measures that can be taken when our children are at the pool.

1. Always designate at least one “Pool Watcher”

Going to the pool with your family should be fun. Meeting other families at a neighborhood pool, or having other children to your home to go swimming is a great way for kids to bond. It can also give you the chance to actually sit and rest, or even enjoy the pool yourself. Nonetheless, make sure that at least one adult is always watching the pool. Young swimmers can find danger in an instant - proper supervision can be the difference between a scare and tragedy. The most effective means of supervision in a group setting is to designate and know exactly who is in charge of watching the kids.

2. Install barriers around the pool

For families who have a pool in the backyard, and for all parents whose children visit homes with

pools, do not overlook the importance of barriers. Fences and locked gates prevent young children from wandering into the pool area. My father has a pool in his backyard. There are brick walls on two sides, a gated fence on a third, and his home makes up the fourth side. If there were still small children living at his house, his backdoors would need to remain locked, with a beeping system to notify him when one of those doors was opened. While there is no replacement for supervision, properly maintained fences, gates, and locked doors are an important step toward keeping a pool area safe.

3. Keep your young ones (and yourself) away from drains

Some pool drains produce a powerful suction force that can trap a swimmer. When a child swims near a drain, her hair or jewelry could get caught. Suction outlets on spas have also trapped people – even adults – under water. Therefore, please avoid these dangerous snares. If you see that a drain cover is broken or missing, you should report it, and take your child out of the pool. Though some states have passed legislation to make pool drains safer, the safest option is simply to stay away from what could be a hidden trap.

I do not provide this information to scare you, or to ruin your kid’s summer by making anyone afraid to get in the water. I simply want to do my part to make our state safer by providing a few tips that celebrate swimming while promoting safety.

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ATTORNEY REVIEW BY LIR DERIEG,
COLUMBIA CRIMINAL DEFENSE LAWYER

★★★★★ ^{via} Google +

“Kenny is as honest as he is hard working. I have referred him several cases and have been given incredibly positive feedback. The highest compliment I can give Kenny, or any other attorney, is that if I, or anyone in my family, was to ever get hurt anywhere in South Carolina, he is the first, and only phone call I would make.”

Lir and Kenny have been good buddies for nearly 10 years now. From studying for law school exams to breaking bread on holidays to road trips halfway across the country, this friendship runs deep.

NOTE: THIS PUBLICATION IS INTENDED TO EDUCATE THE GENERAL PUBLIC ABOUT PERSONAL INJURY, CIVIL LITIGATION AND WORKERS' COMPENSATION ISSUES. THE INFORMATION CONTAINED IN THIS PUBLICATION IS NOT LEGAL ADVICE. EVERY CASE IS DIFFERENT. THE INFORMATION IN THIS NEWSLETTER MAY BE FREELY COPIED AND REDISTRIBUTED AS LONG AS THE NEWSLETTER IS COPIED IN ITS ENTIRETY.

4



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